

Appendix D – Contractor Pre-Task Checklist (Must return to Project Manager 72 hours in advance)

Purpose: The purpose of this Pre-Task Checklist is to help Helmer assess the potential effect of the work of the undersigned contractor ("*Contractor*") on Helmer's operations and the safety of Helmer's employees; having Contractors who work safely is critical to avoiding disruption to Helmer's operations. The **Contractor is solely responsible for project safety and the safety of Contractor's employees and subcontractors.** Nothing in this Pre-Task Checklist is intended to relieve the Contractor of its independent duty to select and implement the means and methods of assuring a safe worksite in accordance with applicable laws and regulations.

Instructions: Contractor must complete this form and submit it to the Helmer Project Manager before starting work. If there are multiple questions on one topic, all must be answered. "I don't know" is not an acceptable answer. Contractor must answer questions in sufficient detail for Helmer to understand what Contractor proposes to do and how Contractor proposes to minimize risks to Helmer's operations inherent in the project. Provide additional documentation to explain risks and plans to mitigate them as required. If the information supplied by the "contractor" changes once work begins, a new pre-task checklist should be supplied to site EHS manager.

Contractor Information	Project Information
Company:	Project Title:
Address:	Project Manager:
Date of work:	
Phone:	Expected completion date:
Brief overview of the tasks included in the	
agreed upon scope of work prior to the start of	
the project:	
(Note: all additional fields must be completed	
in addition to this overview or this pre-task	
should be returned to the contractor for re-	
work prior to the star of the project):	

Pre-Task Checklist

Work Functions:	Yes / No / NA	Description of Task:
CONSTRUCTION: Will Contractor		
perform construction on any Helmer		
owned or leased property, including		
buildings, racking, storage facilities,		
docks, or trailer yards? What		
construction will be performed,		
where and how long will the project		
last?		
OPERATIONAL DISRUPTION: Will		
Helmer's operations be disrupted,		
such as by closing an area, rerouting		
walkways, closing parking, or closing		



an access road? If so, when and	
where?	
HEALTH AND SAFETY TRAINING:	
Have Contractor personnel received	
all required training? Does	
Contractor have the training	
documentation readily available?	
PERSONAL PROTECTIVE	
EQUIPMENT: What, if any, tasks	
performed will require the use of	
personal protective equipment?	
SIGNAGE, BARRICADES, WORK	
ZONE ENCLOSURE: Are safety	
signage, barricades or other means	
of warning or enclosure needed to	
keep unauthorized personnel from	
entering the work area? Where will	
they be installed? How long will	
they be up?	
DOCK & TRAILER YARD: Will	
Contractor be using an Helmer dock	
or bay door?	
FIRE SYSTEM IMPAIRMENT: Will the	
project impair the fire prevention	
system (including alarms, smoke	
detectors and sprinkler heads) or	
other alarm systems? If so, how	
often and how does Contractor plan	
to communicate such impairments	
to the Helmer Project Manager?	
EMERGENCY EGRESS: Will this	
project cause a change in	
evacuation routes or emergency	
exits? If so, where will the	
evacuation routes or emergency exists be changed? How long will	
the change last?	
the change last:	
PHYSICAL NUISANCES: What	
physical nuisances (e.g., excessive	
dust, odors, noise, or vibration) will	
the project generate? How	
prevalent will those nuisances be?	
pression in these hallandes se.	
FIRE PREVENTION/HOT WORK: Will	
this project require hot work, such	
as grinding, welding, cutting, or	
G	



burning, for which a hot work	
permit or fire watch is required?	
How often will Contractor perform	
such hot work?	
CRANES, RIGGING, DERRICKS &	
HOISTS: Will large, heavy loads be	
moved through the use of cranes,	
rigging, derricks and hoists,	
including elevators and conveyors?	
If so, where and how often? There is	
· · · · · · · · · · · · · · · · · · ·	
a guidance document if needed for	
reference on page 15.	
LASERS OR RADIOACTIVE DEVICES:	
Will ionizing radiation sources	
(radiation or X-rays) or non-ionizing	
sources (lasers) be utilized to	
perform the scope of work? If so,	
where and how often?	
where and now often:	
HAZARDOUS ENERGY CONTROL	
(LOCKOUT): Will this project result	
in modifications or additions to	
existing mechanical systems,	
pressurized systems, electrical	
conduits, breakers, or circuitry that	
will require the use of lockout?	
What, if any, tasks require lockout?	
γ,	
ELECTRICAL: What, if any, tasks on	
this project will include working in	
or around electrical panels?	
POWERED INDUSTRIAL TRUCKS	
(PIT): What, if any PIT equipment,	
will be used in this project?	
CONFINED SPACE ENTRY: Will this	
project require entry into a confined	
space, such as a pit, vault, hopper,	
or baler? If so, where, and are the	
employees who will perform such	
work specifically trained for it?	
work specifically trailled for it:	
WORKING AT HEIGHTS: What, if	
any, tasks will be performed where	
there is the potential for a fall of	
p	



greater than 4 feet/1.2 m? Are the	
employees who will perform work	
at heights specifically trained for it?	
at the grade operation, a service to the	
LADDERS AND PORTABLE STAIRS:	
What, if any, tasks will require	
access to areas through the use of	
ladders or portable stairs?	
ladders of portable stairs:	
SCAFFOLDS: What, if any, tasks will	
require scaffolding? Are the	
personnel who will be working on,	
or erecting, scaffolding specifically	
trained for those tasks?	
trained for those tasks:	
AERIAL LIFTS: What, if any, tasks will	
require the use of aerial lifts and	
where will they be used?	
·	
COMPRESSED GASES: What, if any,	
tasks require use of compressed	
gases such as compressed air,	
oxygen, acetylene, nitrogen, etc.?	
What safety precautions will	
Contractor take in using such gases?	
POWER ACTUATED TOOLS: What, if	
any, tasks require tools that are	
powered through electric,	
pneumatic, liquid fuel, hydraulic, or	
powder-actuated means?	
CHEMICAL PRODUCTS: What	
chemicals will be stored at Helmer's	
site? How long will Contractor need	
to store chemicals at Helmer's site	
and how will they be stored?	
DISPOSAL OF RECULATES (
DISPOSAL OF REGULATED/	
HAZARDOUS WASTE: Will the	
project result in waste that is either	
regulated or governed by specific	
handling or disposal regulations (i.e.,	
asbestos, lighting, lead, electronics,	
or chemicals)? If applicable, what	
are Contractor's plans to dispose of	
such waste on a daily basis?	



HAZARDOUS BUILDING MATERIALS: Will Contractor bring to the site or disturb any hazardous building materials that contain asbestos, lead, mercury, PCBs or other hazardous chemicals? If so, why and where in the facility will they be used?	
ENVIRONMENTAL: Will work performed cause any environmental concerns, such as poor air quality, water or air contamination or hazardous waste storage (greater than one shift) or disposal? If so, how will Contractor mitigate those concerns?	
INSPECTIONS: Will any personnel or agencies be brought onsite to inspect work being completed by the contractor?	

Notification of Control of Hazardous Energy Procedures:

- In compliance with OSHA 1910.147 (Control of Hazardous Energy/ Lockout Tagout), Helmer is providing a brief summary of its energy control procedures:
 - All machinery falling under the requirements of 29 CFR 1910.147 is locked out during servicing, cleaning, or set-up.
 - o Employees utilize red locks and "Danger: Do not operate Tags."
- If your company is locking out equipment, you must provide the contact person with a copy of your lock out procedures. Attach a copy to this checklist.

Notification of Globally Harmonized System of Classification and Labelling of Chemicals

In compliance with OSHA 1910.1200(e)(2) (Multi-employer workplaces), Helmer is providing a brief summary of its Hazard Communication Program which includes:

 The methods the employer will use to provide the other employer(s) on-site access to safety data sheets for each hazardous chemical the other employer(s)' employees may be exposed to while working;



- The methods the employer will use to inform the other employer(s) of any precautionary measures
 that need to be taken to protect employees during the workplace's normal operating conditions and
 in foreseeable emergencies;
- The methods the employer will use to inform the other employer(s) of the labeling system used in the workplace.

Guidance for Crane, Rigging, Derricks & Hoisting Operations

 This guidance is provided for contractors to utilize as needed when planning work that is in accordance with cranes, rigging, derricks, or hoisting operations. Helmer EHS professionals are not qualified persons to inspect or authorize lifting activities.

Crane, Rigging, Derrick & Hoisting documentation and information:

- 1. Description of step by step lift plan.
- 2. Documentation on how each individual conducting rigging activities is qualified.
- 3. Manufacture model number of equipment performing lift.
- 4. Weight of object being lifted.
- 5. Weight of rigging.
- 6. Max load capacity of equipment at Center of Gravity. (CG can be found on the data plate)
- 7. Is there a lift diagram provided by manufacture?
- 8. If a forklift attachment is being utilized does the contractor have approval from manufacture?

Contractor Pledge

Contractor will ensure all necessary precautions are taken to protect the safety and health of Helmer's Associates, visitors, and vendors, and will ensure compliance with applicable state and federal regulations. Contractor hereby acknowledges that Contractor is solely responsible for project safety and the safety of its own employees and subcontractors.

Contracted Company:		
Name:	Title:	
Date:		



Helmer Scientific Fill Out Portion Below

Reviewed By Project Manager		
Name Project Manager		
Title		
Signature		
Date		
Reviewed by EHS Manager		
Name EHS Representative		
Title		
Signature		
Date		